



## Readiness for Family Life as a Problem

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**Abstract:** *An important task of preparing for family life is to form an adequate relationship between young men and women in the field of family and marital relations. In order to effectively fulfill future family and marital roles, information is provided that a young person should have a strong, happy family and a positive relationship system aimed at responsible performance of family tasks (reproductive, educational, economic, etc.).*

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"The family," says the first president of our country, I.A. Karimov, "is an educational center that ensures the literariness of life, continuity of generations, preserves our sacred traditions and customs, and at the same time, has a direct impact on what kind of people the future generations will grow up to be." ". This idea itself is a clear proof that honoring the family, raising its value to the highest level has been fixed in our minds. Uzbekistan is one of the fastest growing countries in the world. A family starts from the day a man and a woman get married and start living together. His most important thing is to continue his lineage, to continue the traditions and customs of his fathers and grandfathers, and to strengthen his marriage. The family is a fortress of peace and love, a center of education and upbringing, a creator of personality and the first stage of human socialization, a space that provides prospects for technological growth and sharp economic development, and the process of reforms with human resources. It is considered as the basis for providing "human capital", the creator of the reserve of builders of new Uzbekistan, the mental-intellectual and physical potential of justice-seekers, and the vanguard of the fight against corruption. In a broad sense, the goal of preparing the young generation for future family life is the active life position of a person who is able to successfully build and harmonize marriage and family relationships, ensure the stability of marriage, and develop responsible marriage and parenting. formation. All this implies not only sufficient information about the most important aspects of family life for young people, but also the creation of appropriate semantic attitudes, practical skills of communicating with people of the opposite sex, and the implementation of sexual socialization. In addition to the issue of sexual maturity of young people for marriage, as mentioned above, several other types of social maturity can be distinguished. These are: sexual, civil, professional, socio-economic, spiritual, moral and psychological maturity. Among them, the sexual (physiological) maturity of young people is realized much earlier than others, below it is necessary to dwell on what other set of problems may arise in connection with these issues. As you know, Uzbek families do not pay much attention to sex education. As a result, various gynecological diseases in our girls and urological diseases in boys are increasing, and the reason for this is the lack

of sex education. As a result, young men and women do not tell their parents about the processes they are going through and suffer later. Citizenship, legal maturity is determined by the age of legal maturity of a person, the fact that he is considered a person who has the right to start a family and have children. In our country, it is indicated as 18 years. At this time, he will be able to use all the rights and obligations specified in the Constitution. 18 years can be considered as the age of legal maturity of a person.

Professional maturity is also a very complex concept. Its complexity lies in the fact that, on the one hand, it is determined by the completion of some educational institution, educational courses, that is, by having special knowledge necessary to perform a certain type of work. At the same time, in some professions, it is possible to achieve professional maturity at the age of 19-20, while in others, for example, in surgery, it can be achieved at the age of 29-30. Another aspect of personality maturity is socio-economic maturity. This means that a person can independently support himself and his family financially. Therefore, before starting a family, you should pay attention to the pre-marriage factors. This is the initial foundation that ensures the strength of the future generation, the young family.

Our great writer Abdurauf Fitrat has a number of treatises on moral issues along with artistic and scientific works. They reflect the problems related to the formation of a perfect human personality and their solutions. The family, which is the foundation of society, its role in human life, the duties of the head of the family and its members, and the problems of family education are reflected. Because parents should be an example for children. In order to demand good education from children, parents should give them good education and be an example. Basically, the father is the head of the family, and the mother is his support. In the "Treasure of Proverbs" collected by Yusuf Tavasli, maternal fertilizers given to a girl who is going to be a bride:

Be satisfied.

Obey your husband. Pay attention to the house - places where your husband's eyes fall.

Top - keep your head clear.

Prepare food on time.

Know your sleep time and wake up time.

Be very attentive to your husband's possessions.

Show respect to your husband's relatives and friends.

Don't tell your husband's secret to others.

Obey all the orders of your husband's religion.

The main education given to a boy is to feed the family and provide it financially. One of the most important issues related to a young family is the relationship between young people and their getting used to a new system of relationships. Because it is natural that young people who have passed the stage of romantic love and liking each other have certain difficulties in experiencing everyday life based on the principles of new family life. The young man lives in his own house, in the conditions created by his parents. The heaviest of the difficulties in the adaptation process falls on the neck of the bride. One of the problems he has to deal with is establishing the proper etiquette for dealing with new family members. The Constitution of the Republic of Uzbekistan states that "The family is the main link of society and has the right to be under the protection of society and the state." According to the new "Family Code" and article 63, part 2 of our Constitution, "Marriage is based on the voluntary consent and equal rights of the parties." Article 16 of the "Universal Declaration of Human Rights" contains such clauses.

1. Men and women who have reached the age of majority have the right to marry and start a family without any restrictions based on their race, nationality, or religion. They enjoy the same right when entering into marriage, during marriage and at the time of annulment.

2. Marriage can be concluded only on the basis of free and full consent of both parties.

3. The family is considered the natural and basic unit of society and has the right to be protected by society and the state. At the same time, family law - the procedure and conditions for entering into marriage and annulment of marriage; relationships between spouses, parents and children resulting from guardianship and sponsorship, child adoption; consists of a set of legal norms that determine the manner of recording civil status documents. The final result of preparation for marriage and family life is the formation of readiness for family and marital relations. The readiness to organize an independent family life in the future is primarily the readiness of a person for family relationships, because the imperfection of these relationships primarily destabilizes the family. If the young generation is provided with sufficient theoretical information about the moral foundations of relations between men and women, as well as the experience of moral relations between them, the practice of moral behavior, and boys - girls or if there is a relationship between them, a person's readiness for marriage consists of a person's biological, social and psychological maturity. In folk wisdom, parents and their relationship with their children, mother's cultural and educational influence and wisdom are described in detail. For example, everyone in the family obeyed one person - the father. He did not care what his father or mother said. This is education that is passed from generation to generation. Unhealthy psychological environment in the family and defects in family education, defects in upbringing also have an impact on young people who will start a family in the future.

Nowadays, there are several functions of the family, which are reproductive, economic, and educational.

Reproductive function: It is a function related to the continuation of the offspring.

Economic function: Finding material funds for others by certain family members, providing material support for minors and the elderly, and collecting funds form the basis of the economic function. Modern market relations require activation of the role of the family in matters of property accumulation, ownership, and inheritance.

Educational role: It plays an important role in the first socialization process of the child. The atmosphere and climate also have an effect on the formation of a child. One of the most important tools of education is a personal example. Nowadays, much attention is paid to preparing young people for family life. Resolution No. 820 of the Cabinet of Ministers dated 31.12.2020 "On measures to further develop the Family Institute and prepare young people for family life" was adopted. The regulation on the organization of activity centers for preparing young people for family life was approved by the decision. The centers were established under district, neighborhood, and family support departments, and they are assigned the following tasks:

- To inculcate the exemplary form of the modern family and the conceptual ideas of "Family - sacred", "Healthy family - healthy society", "Family - in the protection of society and the state" and "Prosperous family - the basis of the development of society" in the minds of those getting married;
- Systematic training of married persons on family-legal relations, psychology of family life, family economy and budget, basics of reproductive health, strengthening of spiritual and moral values;

- Ensuring the stability of families, preventing family divorces, respecting family values in married persons, creating a healthy spiritual and moral environment in families, and forming the skills of being exemplary parents.

**Such issues are aimed at properly preparing young people for family life and preventing family splits.**

In conclusion, it should be said that the family is the main foundation for a person to find his place in life, to have honor and respect in the country, and to embody high moral rules. Educating young people mentally and physically is a priority of our state's policy. The foundation of education is laid in the family. Education is a complex and long-lasting unique process, which begins long before the birth of a child. That is, the future parents' health, lineage, outlook, inner and outer world, morals, material and spiritual level, spiritual and physical readiness for marriage are important in raising children in the future. Ensuring cooperation of family, school, neighborhood and community in family upbringing, organization of upbringing with effective use of family traditions, values, examples of work and heroism of parents and older generation is an important factor in forming a perfect person.

In general, it is necessary to confirm a person's need for a family, to believe in its necessity and sanctity, as well as to understand the value of a person's family, its place in society and its importance for personal development; formation and adjustment of the ideal of family life; It consists in forming psychological readiness to have children and the desire to raise them properly. Based on the above information, in order to properly prepare the young generation, who are the future of our day, for family life, I would suggest that a family psychology textbook be given to the 10th-11th graders in schools. Because most of our young people are starting a family as soon as they finish school, and they are not fully ready for family life, that is, they do not understand sexual education and legal education, so the number of crimes is increasing nowadays. Also, if specialists who have completed family psychology work in the neighborhoods, if they have information about each family and the children raised in this family and work with them, we will prevent many cases.

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