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Professional Competence Development of Teachers and Drivers in Driving Schools, Ensuring Road Safety is the Most Important Issue of the Current Time

Ibrohimov Ibrahim Bakhodirovich

Academy of the Ministry of Internal Affairs, teacher of the "Automotive training" department

Abstract: In this article, the measures taken in the field of road safety of the Republic of Uzbekistan, the instructions given by our president Shavkat Mirziyoyev and legal documents are analyzed, and the development trend of road safety is studied. Legislation related to the field is periodized, that is, it is divided into three stages. The author of the article pays attention to their quantity during the study of legal documents related to traffic safety and based on the need to systematize them, referring to foreign experience, he proposed two ways as a unique solution to the problem. the other is codification.

Keywords: traffic accident, traffic safety, driver, law, decision, legislation, internal departmental documents, regulation.

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The high death rate of people, especially young people and children, who die and are injured due to road traffic accidents (hereinafter referred to as accidents) makes the need to ensure road safety one of the most important issues on the agenda. A person's life and health constitute his vital interests, protecting him and ensuring his inviolability is one of the duties of the state.

According to Article 13 of the Constitution of the Republic of Uzbekistan, democracy in the Republic of Uzbekistan is based on universal principles, according to which a person, his life, freedom, honor, dignity and other inviolable rights are the highest value [1].

On February 11, 2022, under the chairmanship of the President of the Republic of Uzbekistan, Shavkat Mirziyoev, a video selector meeting was held on measures to ensure human safety on the roads. The leader of our country emphasized that this issue has not been seriously and analytically discussed by any leader or organization in the last five years, the laws and works in this field are completely unsatisfactory, the issue of road safety has gone out of the way, and this is the reason for many people's objections [2].

In 2021, more than 10,000 traffic accidents occurred in our republic, in which more than 9,000 people were injured. The saddest thing is that about 2,500 people died. According to analysis, 25 percent of road accidents are caused by poor road conditions and poor infrastructure. At the meeting, the areas where traffic accidents occur a lot were pointed out, and disciplinary measures were imposed on the officials.

As mentioned, most of the traffic accidents are caused by drivers' deliberate disregard for traffic rules and inexperience, and pedestrians' failure to follow the rules. Therefore, it was noted that this year the national program "Safe Road and Safe Pedestrian" will be implemented in all regions.

The Legislature and authorities were tasked with revising and radically improving the legislation on traffic. Because the cases of gross violations and their repetition have increased.

In order to ensure the inevitability of punishment, from now on, it was decided to introduce a system of penalty points for each offense. For example, if the driver increases the speed, 1 point is counted, if he runs a red light, 3 points are counted. If the total number of violations in one year exceeds 12 points, the driver will be deprived of the right to drive and retake the test.

In addition, the procedure for determining the amount of the insurance premium paid in the case of mandatory liability insurance of drivers will be introduced based on penalty points.

Also, a new type of responsibility called "traffic disorder" will be introduced for driving a car erratically and interfering with other drivers.

The head of state noted that the traffic rules are outdated and issued an order to update them based on international standards, having studied the opinions of experts and drivers.

According to the Decree of the President of the Republic of Uzbekistan dated April 4, 2022 No. 190 "On measures to reliably ensure human safety on highways and drastically reduce the number of deaths" ensuring traffic safety on highways, improving driver training schools, improving the qualifications of teachers and guides, and providing exam centers with modern equipment [7]. The quality of training of drivers and their culture and psychological state on the roads are of great importance in ensuring traffic safety.

A driver must always control his thoughts to ensure safe driving. Safety on the road depends not only on you, but also on many other factors. Therefore, never rely on accidental safety, but rather think about the danger and do everything to avoid it. Never decide on a next move or maneuver unless the situation is completely clear, which means you don't own it! Your smallest mistake can have very serious consequences. The complexity of the situation, as a rule, arises unexpectedly, and this should be taken into account. Therefore, act according to the established rule, which will allow you to rationally assess the situation on the road, and your mind will always be alert. You should build your business on anticipation, not prediction.

It is better to think of everyone as blind, deaf and stupid in decision-making than to call everyone good-seeing, hearing and intelligent. This rule helps the driver to exclude in his thoughts the unreasonable expectation of the adequacy of the behavior of another participant in the movement (driver, pedestrian) or an attempt to think for him. Follow this rule and you will not have an accident. Therefore, act according to the situation, but independently protect yourself from the possible mistakes of another driver or pedestrian. The more daily problems and the more complex they are, the higher the activity of the mind, and the lower the speed of movement should be. Don't let everyday problems take over your mind and thought processes while you're on the move! The ability to control yourself and your emotions is the key to safe driving. We must not forget that the internal state of a person is a powerful factor that determines his reliability. Given that we live in a situation with a high probability of stressful effects (at work, in the family, on the street, etc.), it is very important to have methods of self-regulation of one's condition, to ensure road safety and to maintain one's health.

A short rule of thumb for the correct formation of the right way of thinking is – what if...? This is the golden rule for almost all driving situations. Let's see what actions this rule provides [4].

- 1. Makes you think about road safety when crossing a secondary road intersection.
- 2. This will direct your attention to the vehicle crossing the secondary road.
- 3. It encourages you to be prepared for any unexpected events, which may be related to the inappropriate actions of the driver who is coming out of the secondary lane, because he may be drunk, sick, etc., he may simply not notice the "Give Way" sign or see you, etc.
- 4. It encourages you to be willing to give up your right of way over a vehicle in the secondary lane.

"I'm primary, he's secondary" can end up like this: "He's in the roadside ditch, and you're in the other world".

If a driver on the main road takes this as a guarantee against an accident, then an accident is guaranteed.

Each driver should have their own personality, and while admiring the actions of individual drivers, one should not allow negligence. This is often observed at intersections, where a novice driver starts with a delay after the green light of the traffic light or waits for a long time for favorable conditions to pass the vehicle at the intersection and turn left. The drivers behind him start honking and rushing him. Of course, the exception to this rule is if, when starting on a climb, you begin to reverse and hear signals sent to you from behind a stationary vehicle. In other cases, do not respond to signals from behind, which may prompt you to move suddenly.

Failure to follow the speed limit can often lead to accidents. The driver increases the speed not only due to the operation of unconscious psychological mechanisms, but often due to his conscious misregulation. Each speed mode imposes its own requirements on the professional training and psychophysiological capabilities of the driver, and the higher the speed, the greater the requirements.

On the roads, when one vehicle is constantly rearranging, it causes inconvenience to all other drivers. This situation can often be observed on other roads as well. The actions of such a driver lead to haste. Haste - causes an accident. Haste is a sign of insufficient professionalism and manifestation of negative mental attitudes. Therefore, if you do not want an accident, do not rush. Haste is the sister of haste. Never rush. Do not forget the rule: Haste shortens not only time, but also the path to the grave. But, unfortunately, there is no way to go back in time to correct your mistake. The manifestation of haste is multifaceted. This is breaking the speed limit and starting to move at a yellow traffic light without waiting for a green light, and moving from an intersection when the red signal changes to a yellow signal, turning in a prohibited place, suddenly spatial maneuver after accidentally identifying an important place, etc. Know for yourself that clear traffic rules and appropriate means of traffic control (traffic lights, signs, lines, etc.) only organize the movement of vehicles, but do not guarantee their safety. Security is provided by you. Your safety is in your hands [8].

Another type of haste is a sudden spatial maneuver to a point of interest that is important to you after finding it. As a result, a quick reaction to the execution of the maneuver, as a rule, leads to an accident. So you've lost your way on the route – stop the car and heal yourself. Never try to look for important landmarks along the road while driving to determine your location, especially when you are in heavy traffic. Keeping an optimal distance is the key to safe driving. Keeping distance is not easy, especially for a novice driver. If you keep the gap as taught by the teacher (the distance to the car in front should be equal to $\frac{1}{2}$ of the car's speed in meters, expressed in km/h, for example, when v = 60 km/h, the gap should be l = 30 m) you will have avoided an accident [5]. If you reduce the gap, you will not be able to stop in time during sudden braking in front of a moving vehicle. When keeping your distance, it's important to think about how to keep a safe distance at all times, rather

than trying to prevent someone from getting in front of your car at all costs. Whether you are a beginner or a professional driver, you need to be completely calm when driving other vehicles on the road. In general, ambition is one of the most insidious enemies of the driver, because it sometimes manifests itself suddenly and with great force, suppresses the mind and causes a negative attitude. Whatever the driver does on the road, his safety is largely determined by his discretion. Caution should precede any action.

Bad perception is the beginning of tragedy. Think + look around + make a decision + warn everyone + take control = is the formula for safe maneuvering [6].

Before slowing down or performing a spatial maneuver, do not forget to look in the mirror, and in the second case, turn on the turn signal.

Driver distraction while driving can lead to the costliest break in life.

Practices show that even a short-term driver's distraction from driving for 1-2 seconds in certain situations can lead to an accident.

When the driver turns on the light signal, it means ensuring your safety and attracting other drivers.

If the driver decides to maneuver - he must attract everyone's attention to ensure safety. This rule guarantees optimal interaction with other drivers and helps reduce tension in traffic. Unfortunately, it is often not implemented due to the lack of culture of drivers. Any other lane change without warning not only annoys the drivers around you but also endangers them.

Some drivers do not use their turn signals unless there are other road users nearby. It shows that the driver does not pay attention to his individual actions, but how important it is to form strong reflexes in himself, even in situations that are not under control and there are no other road users.

In preventing the tragedies caused by sun glare, especially in the fall and spring months, the use of ordinary light protection glasses is not always effective, but the use of special tinted glasses can help.

Summary. The work carried out on the measures of the President of the Republic of Uzbekistan to ensure the safety of road traffic, in addition to ensuring the safety of people's lives in our Republic, leads to the reduction of road traffic accidents on highways. As a result of ensuring traffic safety on highways, improving driver training schools, improving the qualifications of teachers and instructors, and providing driving test centers with modern, innovative equipment, the driver will increase his knowledge, develop professional skills, and improve his culture and psychology. As a result, road traffic accidents can be prevented and reduced.

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